Pregnant women who enroll early receive the full benefits of the program. You can help in two easy steps:

1. Determine your client’s eligibility: Does she meet the following prerequisites?
   - ✓ Up to 38 weeks pregnant
   - ✓ Plans to deliver at Providence Little Company of Mary San Pedro
   - ✓ Resides in LA County

2. Fax the referral form with patient name and contact information to: 310.514.5478

Welcome Baby helps your clients feel confident and prepared for their journey into motherhood.

This program is offered at no cost to women of all income levels who plan to deliver at Providence Little Company of Mary San Pedro.

For more information on Welcome Baby please call 310.514.5444 or visit First5LA.org/Welcome-Baby

Welcome Baby is a First 5 LA funded program that works with families to maximize the health, safety and security of the baby and parent-child relationship and to facilitate access to support and services when needed. Providence Little Company of Mary San Pedro works to implement the program to serve the Best Start Wilmington and Central Long Beach communities.
Welcome Baby is a free program for women of all income levels, that offers moms-to-be a trained professional with home visits, how-tos and referrals that help mom, baby and the whole family.

Whether you are a medical provider, direct-service staff or work with pregnant women in another setting, Welcome Baby can enhance your work by offering pregnant and postpartum women trained Parent Coaches who provide information and individual support on topics like bonding and attachment, breastfeeding and home safety.

Welcome Baby Parent Coaches bond with patients in their own homes, providing an extra layer of support to my in-office care.”

—Kelly Jones, MD
USC Family Practice

As part of Welcome Baby participants receive:

- **One-on-one appointments** with a personal Parent Coach from pregnancy through baby’s first 9 months
- **An in-home appointment with a nurse** within the first few days after mom and baby come home from the hospital
- **Assistance with breastfeeding** and general infant feeding from a trained Certified Lactation Educator
- **Screening and referral** for perinatal depression
- **Information on child development** and assessment of developmental milestones
- **Program Materials** to assist with parenting and stimulate the baby’s learning
- **Support** with the role as a new mother
- **Referral to other community resources** as needed

* All moms are eligible for the Welcome Baby hospital visit and will benefit in different ways based on location and specific needs.