



Join the
Welcome Baby
Family!

As part of Welcome Baby you'll receive:

- **A one-on-one appointment** after you give birth to encourage your recovery and help you prepare to go home with your new baby
- **Information to help you nurture and support** the healthy development of your newborn
- **Assistance with coordinating health insurance coverage and doctor appointments** for your new baby
- **Help with breastfeeding** and infant feeding from a Certified Lactation Educator

Depending on your needs, you may receive additional home visits with a nurse or Parent Coach.

To learn more, call **661.942.4719** or visit
[First5LA.org/Welcome-Baby](https://www.First5LA.org/Welcome-Baby)

AVPH
Antelope Valley Partners for Health
Community Collaborative Promoting Health and Wellness



1st 5 LA
first 5 la
— WELCOME BABY —