

COMMON URINE and REPRODUCTIVE TRACT INFECTIONS in PREGNANCY

**A Systems Approach to Optimize
Screening, Treatment, and Follow-up**

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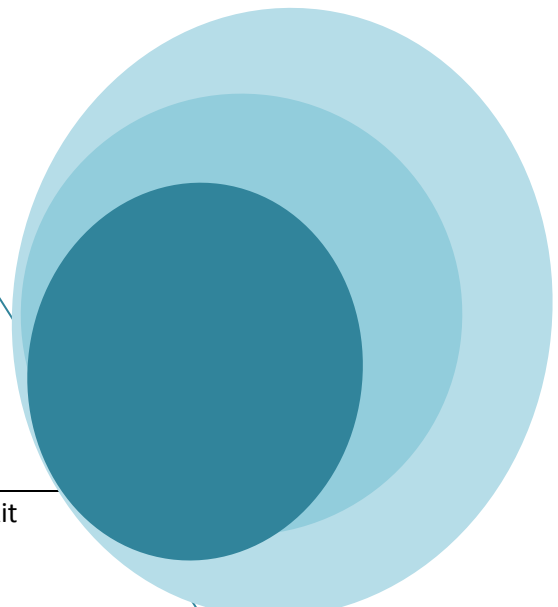


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OVERVIEW

The aims of this toolkit are to

- Increase awareness and knowledge about urine and reproductive tract infections as preventable sources of pregnancy complications and adverse outcomes;
- Enhance the ability of clinical providers and their staff to identify and care for women with common urinary and reproductive tract infections; and
- Support recommended screening, treatment and follow-up for genitourinary infections by increasing the knowledge and skills to design efficient and effective office systems.

The toolkit represents the synthesis of a range of information and materials, including: academic literature explaining the link between infection and pregnancy complications; clinical recommendations for screening, treatment and follow-up; examples and resources intended for use by healthcare providers and their staff; continuing educational materials that target clients; and recommendations for ensuring efficient office processes are in place to support optimal prenatal care.

Objectives

Review of this toolkit will enhance knowledge, skills, and clinical systems.

KNOWLEDGE

- List the ways that urine and reproductive tract infections can impact the course of pregnancy and infant health.
- Identify sources for current screening and treatment guidelines.
- List infections that have mandated reporting requirements.
- Describe the systems that need to be in place within your agency to effectively provide care for women with urine and reproductive tract infections.

SKILLS

- Describe recommended tests for diagnosis of common reproductive tract infections.
- Describe key components of a sexual history.
- Ask questions in a culturally sensitive way.
- Apply the “teach back” method to gauge clients' understanding of health information.

SYSTEM DESIGN

- Describe process for treatment and follow-up for common reproductive tract infections.
- Describe process for mandated reporting.
- Arrange recommended follow-up for women with common reproductive tract infections.
- Assess current office systems, identify areas needing improvement and design improvement plans.
- Establish effective and efficient systems to support optimal care for women during pregnancy.
- Establish mechanisms for routine monitoring of clinical practice, focused on improvement and maintenance of practice performance goals.