

Welcome Baby gives you personal support and resources during pregnancy and early parenthood

FREE for families delivering at St. Francis Medical Center

 no matter your income, immigration status, or insurance coverage

Program Visits



FIRST OR SECOND
TRIMESTER OF PREGNANCY
Home visit*



PHONE CALL CHECK-IN



THIRD TRIMESTER OF PREGNANCY
Home visit*



BABY IS BORN

Postpartum hospital visit*



NURSE VISIT SHORTLY AFTER MOM AND BABY COME HOME Home visit*



BABY'S 2-4 WEEKS Home visit*



BABY'S 2 MONTHS Home visit*



BABY'S 3-4 MONTHS Home visit*



BABY'S 9 MONTHS Final visit*

*Only virtual visits during pandemic



WHAT YOU GET

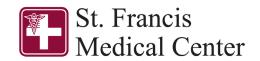
- Your own Parent Coach who will be there to answer questions about pregnancy and caring for your newborn (and yourself!)
- An in-hospital visit to provide breastfeeding assistance and other helpful support
- Your own Registered Nurse who can answer questions and check up on you and the baby after you get home from the hospital
- Ongoing support to help you have a healthy pregnancy and birth, manage stress, make breastfeeding easier, bond with your baby, and create a baby-safe home
- Connections to community resources: Free or low-cost baby supplies, applying for programs like WIC or CalFresh, finding a specialist ... whatever you need!

Support may vary depending on where you live. Welcome Baby does NOT count toward the "public charge" test.



310-900-4710

WelcomeBabySupport.org



Family Strengthening Network Home Visiting Programs

Caring for a new baby isn't easy, and we want to make it as stress-free as possible for you.

In L.A. County, some hospitals — including St. Francis Medical Center — offer the free Welcome Baby program. It provides one-on-one support and helps you find free resources for your family. With home visits, it's all available right from your couch!

Depending on where you live, Welcome Baby may support you during pregnancy and a few months after your baby is

born. But some families may qualify for a partner program's home visiting services, which can last up to 5 years.

We'll help you determine which program is best for you, but the choice is yours, and there's no commitment.

Partner Programs

- Human Services Association
- Plaza Community Services
- Richstone Family Center
- El Nido Family Centers
- Shields for Families
- The Whole Child



COVID-19
may prevent us
from meeting in
person, but if you have a
smartphone or computer, we
can connect virtually.

When in-person visits become available, you can choose to meet at your home or any other convenient location.

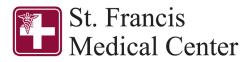


WHAT YOU GET

All programs provide one-on-one support to help you:

- Gain confidence as a parent
- Promote your baby's growth and brain development
- Breastfeed more easily
- Find community resources (baby supplies and programs like WIC, CalFresh, housing services)
- Create a safe, nurturing home environment
- Coordinate health coverage and checkups for mom and baby
- And more ...





We're here for you! Call 310-900-4710