

Connect our patients to free in-home support!



Welcome Baby gives **expecting families** one-on-one education and resources prenatally and after their baby is born.

It's all FREE for people delivering at **California Hospital Medical Center** — regardless of income, immigration status, or insurance coverage.

Welcome Baby helps patients:

- Get **health coverage** and **keep appointments** with OB and pediatric providers
- Access **public benefits** like WIC, CalFresh, and CalWORKs
- Achieve **breastfeeding goals**, with personal lactation support
- Identify perinatal mood disorders and **connect with mental health services**
- Receive **early intervention services** for babies with developmental delays
- Learn about **bonding**, positive parenting, and home safety

Program visits:

-  **FIRST OR SECOND TRIMESTER OF PREGNANCY**
-  **PHONE CALL CHECK-IN**
-  **THIRD TRIMESTER OF PREGNANCY**
-  **BABY IS BORN**
Postpartum hospital visit
-  **NURSE VISIT SHORTLY AFTER YOU AND BABY COME HOME**
-  **BABY'S 2-4 WEEKS**
-  **BABY'S 2 MONTHS**
-  **BABY'S 3-4 MONTHS**
-  **BABY'S 9 MONTHS**
Final visit

Referring patients is easy!

CHMC's longtime partner, Maternal and Child Health Access, handles prenatal enrollment.

Have patients call:

213-342-3127

or

Point a phone camera here:



Dignity Health
California Hospital
Medical Center

Welcome Baby is free because it's funded entirely by First 5 LA.

Welcome Baby Gets Results

Last year* almost 20,000 families in L.A. County benefited from the free Welcome Baby program. Here's a look at the outcomes.

*FY 2022-2023

18,651
families served

35,459
visits completed

11,684
successful referrals to
community services

7,060 families completed
the program

Families who enroll prenatally are more likely to graduate from the program than those who enroll postpartum.

Program Impact

Welcome Baby graduates have been shown to have:



Improved maternal and child health



More positive parenting and safer homes



Better cognitive and social development in children



Improved mental health



4.87 out of 5 stars

Welcome Baby clients agree:

“My Parent Coach helped me build my confidence as a parent.”



99.7% of families received safe-sleep education by 2 months postpartum

Women enrolled in Welcome Baby have greater continuity of care

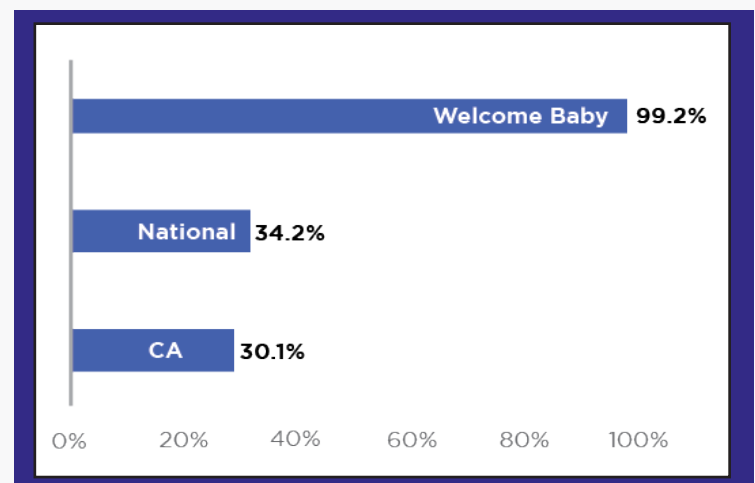
85.9%

of mothers attended their 6-week postpartum checkup

99.7%

of mothers were screened for depression within 3 months postpartum

Children enrolled in Welcome Baby are screened at a much higher rate for developmental delays



Welcome Baby partners with more intensive, longer-term home visiting programs and makes warm hand-offs for families who have higher needs. By referring patients to Welcome Baby, you can be assured they'll get the best support.